

Mental Health Resources Provided in Bemidji for Adults	DA	Services/ Therapy	Trauma	Other	Prescriber	Case Mgmt	AFC	Support Group	Housing/ Jobs	CD	Crisis Line/ Hospital	CSP	RN/ Meds	Payee	Info/Other
Beltrami Health and Human Services Case management, financial support, adult protection, commitments, list of adult foster care homes also available Contact the Mental Health Division Adult Intake 218-333-4233 www.co.beltrami.mn.us 616 America Avenue NW, Bemidji, MN 56601						X								X	
Beltrami County Local Advisory Council Consumers, families, and providers advise the county on local mental health service gaps. Meetings are held monthly, 12:30 to 1:30 pm in the Hope House garage. If interested, contact Dan Brouse , Beltrami County 333-4223 daniel.brouse@co.beltrami.mn.us															X
Bemidji State University Disabilities Services For enrolled students only Contact Christian Brezinski 755-3883 disabilityservices@bemidjistate.edu Office 202, Decker Hall, 1500 Birchmont Drive, Bemidji, Mn 56601 www.bemidjistate.edu//student/services/ disability															X
Bemidji State University Student Center for Health, Therapy, and Counseling For enrolled students only Contact Yvette Anderson, Director 755-2053 yvette.anderson@bemidjistate.edu Office 202, Cedar Hall, 1st floor, 1500 Birchmont Drive, Bemidji, MN 56601 www.bemidjistate.edu/students/services/health_counseling	X	X	X		X	X		X							
Bemidji VA-Copmmunity Based Outpatient Clinic, includes Therapy Contact main desk: 755-6360 1217 Anne Street NW, Bemidji, MN 56601	X	X	X		X			X	H- Yes	X	X		X	X	
Bi-County Community Action Program, Inc. (Bi-CAP) Permanent supportive housing for people with disabilities and federally homeless; or chronically homeless, and transitional housing- state homeless families with children; housing locator. PO Box 579, Bemidji, MN 56619 Contact Kirk Karstens 751-4631									H- Yes						
Bridges Housing Program for People with Mental Illness Must be assessed by a mental health professional to use the service. Contact: Housing and Redevelopment Authority of Bemidji (HRA) 218-444-4522									H- Yes						

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Evergreen youth and Family Services 24 Hour Hotline: 751-4332 www.evergreenyfs.org Youth and Family Counselors 751-8223 <u>Free counseling for youth up to age 25 & parents</u> 610 Patriot Drive NW (Drop In)/ PO Box 662 (Shelter) Bemidji, MN 56619. Gathering of Hearts Support Group Contact: Kelly Brevig 21-444-4565, or kbrevig@evergreenyfs.org		X	X			X		x			X				
Face It Together 218-444-9494 faceitbemidji.org Contact: Amber Whelan, Lead Coach 408 Beltrami Ave NW, Suite 100, Bemidji, MN 56601															X
Great North Counseling Services, LLC 218-214-6096 www.greatnorthcounseling.com Outpatient Therapy-Mental Health, Dual Diagnosis, Chemical Dependency Contact: Kimberly Carroll, MA, LPCC LADC, Owner, Primary counselor or Heather Frach 218-368-3204 info@greatnorthcounseling.com 426 Bemidji Ave. N., Suite 1, Mailing Address PO Box 1712, Bemidji, MN, 56619 (Downstairs in the historical Carnegie Library)	X	X	X	X	?	?		?		x	x				
Grief Support Group 218-333-5864 For those grieving the lost of a spouse or partner First and Third Thursday of each month- 4:30- 6 PM Sanford Health Neilson Place- Trillium Conference Room 1000 Anne St. NW, Bemidji, MN 56601								X							
Hope House Community Support Program 218-444-6748 Serving people with long-term mental health needs and their families: ARMHS, Diagnostics, CSP Available through the crisis line 24 hours/day, seven days/week 1-800-422-0045 REACH family support group, 3rd Tuesday of the month, 7- 8:30 PM Robin Wold, Director rwold@paulbunyan.net PO Box 1097, Bemidji, MN 56619 www.hopehousebemidji.org								X			X		X		X

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Integrative Health and Wellness, Inc. 218-444-3161 www.getintegrative.com Therapeutic services for adults and adolescents, including EMDR therapy contactus@getintegrative.com Jody Anderson, LICSW, SEP (Somatic Experience Practitioner) 819 Paul Bunyan Dr. S., Bemidji, Mn 56619	?	X	X	X	?	?		?		?	X	?	?		
Journey, Inc. Adult foster Care, Consultation, and Community Services Contact Gloria Rixen, MS 218-333-8930 6130 Forest Lane SE, Bemidji, MN 56601 journey@paulbunyan.net				X		?	X								
Lake Country Associates 218-444-2233 admin@lakecountryassociates.com Individual, Family, Couples Therapy, & ARMHS www.lakecountryassociates.com Jessica Croatt Niemi, MSSW, LICSW, IME-E(IV), Alicia Z. Holley, MA,LPCC,APR-BC, Laura hansen, MSW, LICSW, Danielle Thomas, Clinical Trainee.MA, Vanessa Wananu, MDW, LICSW 1426 Bemidji Ave NW, Suite 1, Bemidji,MN 56601	X	X	X	X		X				X					
Lighthouse Lodge, Inc. Adult Foster Care 218-444-1927 Contact: Michelle Carlson- Program Director OR Chris Latzcke- Operations Director 3217 Johnson Street NW, Bemidji MN 56601							X								
Lindell Consulting LLC 218-444-3151 Contact: Tami Lindell, APRN, CNP, Primary Mental Health Nurse Pratictioner Prescribing, Therapy, Diagnostic Assessments 702 5th Street NW, Bemidji MN 56601	X	X	X	X	X							?	?		
Mental Health USA www.mentalhealthUSA.org Mental Health First Aid Training, Community Crisis Response, Support Group Leader Training Contact: Valerie Savizno, President, 815-670-4173 valeries@mentalhealthUISA.org 7899 GrantCreek Road NW, Bemidji, MN 56601								X							

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MSOCS (MN State Operated Community Services) Corporate foster care for adults Contact: Adam DeVries, Community Residential Supervisor 218-755-2619 810 Claussen Avenue, Bemidji, MN 56601							X								
NAMI (National Alliance for Mental Illness) Facebook Page: NAMI-Northwoods/Beltrami Contact: Jim Aakhus, 218-214-1681 for monthly meeting times gymaakhus@gmail.com								X							
Nightlights Fmily Support Group Contact: Mary Eaton 218-556-5295 meaton@theideacircle.com Meets at St. Phillip's Church, St. Elizabeth Room, Bemidji (Last Monday of the month, 7-8:30 PM) Non-denominational and non-religiously affiliated group 702 Beltrami Avenue NW, Bemidji, MN 56601									X						
North Homes, Inc. 218-751-0282 Outpatient Therapy, Diagnostic Assessments, ARMHS Contact: Bill Faver, MA, LP, Clinical Director 4225 Technology Drive NW, Bemidji, MN 56601 www.northhomesinc.org	X	X	X	X	X	X	X			X	X	X	X		
Northwoods Care Givers northwoodscaregivers.org CAT, Medication Reminders & Coordination 616 America Avenue, Suite 170, Bemidji, MN 56601 Contact: Christina Knecht, 218-333-8264													X		
Occupational Development Center (ODC) Employment for people with disabilities Contact: IPS Coordinator 218-751-6001, extension 13 1219 Naylor Drive SE, Bemidji, MN 56601 www.odcmn.org															
Park Place of Bemidji Contact: Nikki Miller, Site Director 218-444-8717 Permanent Supportive Housing- substance use/alcohol/mental health 600 3rd Street NW, Bemidji, MN 56601															
									H-YES	X					

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Recover Health Providing home and health care services www.recoverhealth.org 615 Anne Street NW, Suite A, Bemidji, MN 56601													?		
Region II Mental Health Initiative A four county consortium (Beltrami, Clearwater, Hubbard, Lake of the Woods) for improving the path of mental health in the region; consumers, families, and providers participate. Meetings are the first Monday of each month, 1-3 PM, at the county administration Building. Beltrami residents call Jeff Lind, 218-333-4196--jeffery.lind@co.beltrami.mn.us															X
Rural Psychiatry Associates (Formally Center for Psychiatric Care) 218-444-7013 Appointments are in-person or video conference; Includes Prescribing and Therapy Thomas Peterson M.D., Board-Certified Psychiatrist, President Psychiatrists: Matthew Pitera M.D; Muhammed Azar M.D; & Tim Peterson M.D 519 Anne Street NW, Suite A, Bemidji, MN, 56601	X	X	X	X	X	X							?		
Sanford Behavioral Health Children's and Adults Mental Health, Substance Use Disorders, Crisis, ACT (Assertive Community Treatment), Access Clinic, ARMHS, Sexual Assault Treatment, Therapy, Diagnostic Assessments, Peer Support Contact Main Desk for all programs: 218-751-3280 Applications and access hours on website www.ummhcmn.org 722 15th Street NW & 3124 Hannah Avenue NW, Bemidji, MN 56601 Sarah Weinzerl, Psy D, LP, LMFT, & Michael Hill, PhD, LP	X	X	X	X	X	X		X		X	X	?	X		
Sanford Medical Center 218-333-5000 Sanford Behavioral health: Includes Therapy & Diagnostic Assessments Danae Lund, PhD & Pam Samson Phd, LP pamela.samson@sanfordhealth.org 1233 34th Street NW & 1611 Anne Street , Bemidji, MN, 56601 Telehealth: 218-333-2105 Mark Tsibulsky, MD, Psychiatrist, includes prescribing	X					X	?			X	?	?	X		

