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<th>Mental Health Resources Provided in Bemidji, MN for Adults</th>
<th>DA</th>
<th>Therapy</th>
<th>Trauma</th>
<th>Financial</th>
<th>Med Prescriber</th>
<th>Case Mgmt</th>
<th>Adult Foster Care</th>
<th>Support Group</th>
<th>Housing/ Jobs</th>
<th>CD</th>
<th>Crisis Line/Hospital</th>
<th>RN</th>
<th>CSP/ARMHS</th>
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**Key**

- ARMHS: Adult Rehabilitative Mental Health Services
- CD: Chemical Dependency
- CSP: Community Support Program
- DA: Diagnostic Assessment
- Mgmt: Management
- RN: Registered Nurse

*Other housing assistance*
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CSP: Community Support Program  
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Mgmt: Management  
RN: Registered Nurse

**Note:**
- **X** indicates the presence of the service.
- **Assessment of mental, social, functional, and physical health.**
- **24-hour nursing staff.**
- **Transitional services.**
- **Resources for individuals with disabilities.**
- **Equine-Assisted Therapy & Learning.**
- **See website for topics and dates.**
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**Key**

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CD: Chemical Dependency  
CSP: Community Support Program  
DA: Diagnostic Assessment  
Mgmt: Management  
RN: Registered Nurse
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<td><strong>Contact:</strong> 815-670-4173 7899 Grant Creek Road NW Bemidji, MN 56601 <a href="http://www.mentalhealthUSA.org">www.mentalhealthUSA.org</a></td>
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<td><strong>Contact:</strong> Jim Aakhus, 218-214-1681 for monthly meeting times see Facebook Page <a href="https://www.facebook.com/NAMI-NorthwoodsBeltrami-902579149788019">https://www.facebook.com/NAMI-NorthwoodsBeltrami-902579149788019</a> Or email - <a href="mailto:gymaakhus@gmail.com">gymaakhus@gmail.com</a></td>
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**Key**
- ARMHS: Adult Rehabilitative Mental Health Services
- CD: Chemical Dependency
- CSP: Community Support Program
- DA: Diagnostic Assessment
- Mgmt: Management
- RN: Registered Nurse
- Housing Assistance

**Non-religious affiliated groups**
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<td><a href="mailto:ambergamache761@gmail.com">ambergamache761@gmail.com</a></td>
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**Key**

ARMHIS: Adult Rehabilitative Mental Health Services  
CD: Chemical Dependency  
CSP: Community Support Program  
DA: Diagnostic Assessment  
Mgmt: Management  
RN: Registered Nurse

* Serves the Bemidji Area
### Mental Health Resources Provided in Bemidji, MN for Adults

<table>
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<tr>
<th>Armhis: Adult Rehabilitative Mental Health Services</th>
<th>CD: Chemical Dependency</th>
<th>CSP: Community Support Program</th>
<th>DA: Diagnostic Assessment</th>
<th>Mgmt: Management</th>
<th>RN: Registered Nurse</th>
<th>Other</th>
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<tr>
<td>Spruce Woods Apartments, Briar Rose and Odayin Adult Foster Care 718 15th Street Bemidji, MN 56601</td>
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| Stellher Human Services  
Contact: 218-751-5919  
P.O. Box 430  
519 Anne Street NW, Suite B  
Bemidji, MN 56619  
www.stellher.com | X | X | X | | | | |
| Support Within Reach  
Contact: 218-444-9524  
1510 Bemidji Ave.  
Bemidji, MN 56601  
sapbchc@paulbunyan.net  
www.supportwithinreach.org | | | | X | | | |
| Tamara Mason, MSW, LICSW  
Contact: 218-444-0899  
522 Beltrami Avenue, Suite 108  
Bemidji, MN 56601  
tamara@tamaramason.com  
www.tamaramason.com | X | X | X | | | | |
| VA Veteran's Support Group  
Contact: 218-755-6360  
VA Clinic  
5th Street  
Bemidji, MN 56601 | | | | X | | | |
| Wellness in The Woods  
Contact: 218-296-2067  
738 3rd Ave NW  
Eagle Bend, MN 56446  
Info@mnwitw.org  
*Virtual self-help, including Bemidji residents* | | | | X | | | |

### Key
- ARMHS: Adult Rehabilitative Mental Health Services
- CD: Chemical Dependency
- CSP: Community Support Program
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- Mgmt: Management
- RN: Registered Nurse

### NOTE: This list is updated and posted by Hope House at www.hopehousebemidji.org. It is linked to Community Resources as a collaborative effort to get resources to the public.

To add or change items, contact **Jody Yerbich at 218-444-6748, hophouse@paulbunyan.net** or **Robin Wold at rwold@paulbunyan.net.**

Form created by: Ashley Smith, UND Masters Intern  
Revision date: January 30th, 2021