

	Diagnostic Assessment	Therapy	Trauma	Financial	Med Prescriber	Case Mgmt	Adult Foster Care	Support Group	Housing/Jobs	Chemical Dependency	Crisis Line	Hospital	Registered Nurse	CSP	ARMHS	Other
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Mental Health Resources Provided in Bemidji, MN for Adults

Advocates of the Bemidji Area Contact: 218-760-7889 522 Beltrami Ave NW Bemidji MN 56601 Advocacy Services 218-209-7000 BemidjiAdvocates@gmail.com	X	X	X													Advocate: Violence or Abuse EMDR
Assessments & Counseling Assoc. Contact: 218-444-3631 522 Beltrami Ave, Suite 108 Bemidji, MN 56601 Kathy Favor	X	X	X													
Balanced Counseling & Consulting PLLC Shawn Whiting, Counselor, LPCC 522 Beltrami Ave NW Suite 116 Bemidji MN 56601 218-308-9357 Fax: 855-218-8557 admin@balancedcounselingpllc.com	X	X	X													EMDR Trauma Focused
Beevor Psychiatry Contact: 218-444-8090 1002 Washington Ave S Bemidji, MN 56601					X					X			X			
Beltrami Health and Human Services Contact: The Mental Health Division Adult Intake 218-333-4233 616 America Avenue NW Bemidji MN 56601 www.co.beltrami.mn.us				X		X	X									Rule 25 Assessment

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Cardinal of Minnesota Adult Foster Care Contact: 218-751-1264 3306 Cedar Lane NW 5809 Annalee Lane NW 5091 Feeling Right Lane NW Bemidji MN 56601 AmandaH@cardinalofminnesota.com							X									
Community Behavioral Health Hospital Contact: 218-308-2400 800 Bemidji Ave Bemidji MN 56601 Central Pre-Admission: 1-866-966-BEDS	X	X			X					X			X			Assessment of mental social, functional and physical health 24-hour nursing staff Transitional services
Crisis Line (24-Hour) for Beltrami County Contact: 1-800-422-0045 Crisis Text Line- Text "MN" to 741741											X					
Disability HUB Contact: 1-866-333-2466 Bemidji MN 56601 www.disabilityhubmn.org								X*								Resources for indiv. with disabilities <i>*see website for more</i>
Eagles Wing, Inc. Contact: 218-444-3036 523 19th Street NW Bemidji MN 56601 www.eaglewinginc.net							X									
Eagle Vista Ranch Contact: 218-760-0656 16150 Golden Eagle Ct NW Bemidji MN 56601 www.eaglevistaranch.com		X														Equine-Assisted Therapy

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Evergreen Youth & Family Services 24 Hr. Youth Hotline: 218-751-4332 Drop-in Center: 218-751-8223 610 Patriot Dr NW (Drop-in) PO Box 662 (Shelter) Bemidji MN 56619 www.evergreenyfs.org		X	X			X		X			X					See website for current groups
Face It Together Contact: 218-444-8753 Contact: Christopher Erle, Ex. Director 408 Beltrami Ave NW, Suite 100 Bemidji MN 56601 www.faceittogetherbemidji.org								X	X	X						Peer support to help individuals & families manage addiction. Re-entry services.
Great North Counseling Services, LLC Contact: 218-214-6096 426 Bemidji Ave N, Suite 1 PO Box 1712 Bemidji MN 56619 info@greatnorthcounseling.com www.greatnorthcounseling.com	X	X	X					X*		X						Re-entry & Transitional services <i>*MRT, Anger Mgmt Co-dependency</i>
Grief Support Groups Contact: 218-308-0460 Sanford Health Neilson Place Trillium Conference Room 1000 Anne St NW Bemidji MN 56601								X*								<i>*Call for information</i>

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Hope House Community Support Program Contact: 218-444-6748 PO Box 1097 Bemidji MN 56619	X				X			X	X				X			
Integrative Health and Wellness Inc Contact: 218-444-3161 819 Paul Bunyan Dr S Bemidji MN 56601 contactus@getintegrative.com www.getintegrative.com		X	X					X		X						EMDR Trauma Focused Telehealth
Kai Shin Clinic & Treatment Program Contact: 651-447-3755 705 5th Street NW Suite D Bemidji, MN 56601 www.kaishinclinic.com Fax: 218-497-0171		X			X					X			X			
Journey, Inc. Contact: 218-333-8930 1630 Forest Lane SE Bemidji MN 56601 journey@paulbunyan.net			X				X									Support in Homes
Lake Country Associates Contact: 218-444-2233 1426 Bemidji Ave NW, Suite 1 Bemidji MN 56601 admin@lakecountryassociates.com www.lakecountryassociates.com	X	X	X			X		X*		X					X	*Parenting & other groups contact for more info. EMDR Trauma Focused
Lighthouse Lodge, Inc Contact: 218-444-1927 3217 Johnson Street NW Bemidji MN 56601							X									
Mental Health USA Contact: 815-670-4173																*Lived experience Support group. See

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7899 Grant Creek Rd NW Bemidji MN 56601 www.mentalhealthusa.org								X*								website for more information
NAMI Northwoods Beltrami Contact: Jim Aakhus 218-214-1681 Email: gymaakhus@gmail.com See Facebook page for monthly meeting times: https://www.facebook.com/NAMI- NorthwoodsBeltrami-902579149788019								X								*Online Family Support. See website for updated information.
North Homes, Inc. Contact: 218-751-0282 4225 Technology Dr NW Bemidji MN 56601 www.northhomesinc.org	X	X	X		X	X			X	X					X	Peer support Family resources EMDR Trauma Focused
Northwoods Caregivers Contact: 218-333-8264 www.northwoodscaregivers.org 616 America Ave, Suite 170 Bemidji MN 56601													X			Medication reminders & set-up
Nystrom & Associates 112 1st St West Bemidji MN 56601 218-888-8032 Fax: 218-888-8033	X	X	X*		X											*unspecified
Park Place of Bemidji Contact: 218-444-8717 600 3rd St NW Bemidji MN 56601									X*	X						*housing assistance

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Sanford Behavioral Health Headwaters ACT Contact: 218-333-2220 1705 Anne St NW Door 3 Bemidji, MN 56601	X	X	X	X*	X	X		X	X**		X					Rule 25, Cultural & Needs assessments Re-entry & transitional <i>*Finance Mgmt</i> <i>**Housing & Employment</i>
Sanford Behavioral Health Contact: 218-333-2035 1705 Anne St NW Door 4 Bemidji, MN 56601	X	X			X											
Schackman, Kramer, and Associates Contact: 218-751-0887 1526 30th St NW Bemidji, MN 56601	X	X	X		X											Trauma Focused
Social Finance Services Contact: 218-556-9247 PO Box 166 Park Rapids, MN 56470 *Serves the Bemidji Area* amber@hotmail.com				X*												<i>*only payee for Bemidji</i>

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Thrive Behavioral Network Bemidji Locations: Sprucewoods 718 15th St. 218-444-9747 Briar Rose 3530 St. Onge Dr NE 218-444-0076 Odayin 3524 St. Onge Dr. NE 218-444-0079							X									
Stellher Human Services Contact: 218-444-2845 PO Box 430 519 Anne Street NW, Suite B Bemidji, MN 56601 www.stellher.com	X	X	X													EMDR Therapy Trauma Focused
Support Within Reach Contact: 218-444-9524 1510 Bemidji Ave Bemidji, MN 56601 p.korei@paulbunyan.net www.supportwithinreach.org			X					X*			X					Victim support Advocacy <i>*see website for updated info</i>
Wellness In The Woods Contact: 844-843-9489 738 3rd Ave NW Eagle Bend, MN 56446 info@mnwitw.org <i>*Virtual self-help, including Bemidji residents</i>								X*								<i>*Virtual group. See website for info</i>

NOTE: This list is updated and posted by Hope House at www.hopehousebemidji.org. It is linked to Community Resources as a collaborative effort to provide resources to the public. Updated 2025

To add or change items, contact **Jolene Lundin @218-444-6748**, hopehouse@paulbunyan.net or **Robin Wold** at rwold@paulbunyan.net

