

Family Support Groups

FOR FAMILIES and FRIENDS WHO HAVE A LOVED ONE WITH MENTAL ILLNESS

Nightlights Family Support Group, an Open Group specific to mental illness
St. Phillips Catholic Church, Kateri Room
702 Beltrami Avenue, Bemidji
Meets at 7:00 pm, usually the last Monday of the month
For more information, call 218-444-4262

REACH Family Support Group, an Open Group specific to mental illness
Hope House, 2014 7th Street SE, Bemidji
Meets 7:00 pm – 8:30 pm on the 3rd Tuesday of the month
For more information, call 218-444-6748

LOSS OF SOMEONE IN THE FAMILY

Gathering of Hearts Support Group, (Closed Group starting in October)
7-8:30 pm, meets the second Tuesday of every month
Evergreen Youth Services site-610 Patriot Dr. Bemidji MN
Contact-Kelly Brevig: 218-441-4665, or kbrevig@evergreenyff.org

DivorceShare, An Open Group for those who have divorced or in the process of getting divorced
Meets Thursdays from 6:30 pm – 8:30 pm
Meets at Calvary Lutheran Church, 2508 Washington Avenue SE, Bemidji
One time fee of \$20 to purchase accompanying workbook
Call Chip Holt at 651-353-0029 (preferred contact number) or 218-444-7751 for more information

GriefShare, An Open Group for those who have lost a friend or family member
Meets Tuesdays from 5:15 pm – 7:15 pm
Meets at Calvary Lutheran Church, 2508 Washington Avenue SE, Bemidji
One time fee of \$20 to purchase accompanying workbook
Call Chip Holt at 651-353-0029 (preferred contact number) or 218-444-7751 for more information

Open group: Anyone can attend without prior approval of the group leader

Closed group: Please contact the contact person for further sign up information